



EMDR Training in Hong Kong, 2017

EMDR (Eye Movement Desensitization and Reprocessing) is a comprehensive psychotherapy that accelerates the treatment of a wide range of pathologies and self-esteem issues related to disturbing events and present life conditions. This is a standardized approach which has been empirically tested in over 20 randomized controlled studies with trauma patients, and hundreds of published case reports evaluating a range of presenting complaints, including depression, anxiety, phobias, excessive grief, somatic conditions and addictions. A number of neurophysiological studies have documented the rapid post treatment EMDR effects and millions of people worldwide have been treated successfully with EMDR over the past 25 years.

The EMDR Association of Hong Kong (HKEMDR), which is the only official sponsor of EMDR trainings of the EMDR Institute USA, is delighted to announce the next EMDR training. This training aims to prepare professionals to use EMDR in their practices. There are two parts: Part I for novices and Part II for those who took part I at least six months prior to the coming training, as well as participated in Groups Sharing and Case Consultation (GSCC) sessions.

Our trainers are Prof. Atara Sivan and Prof. Petrus Ng who are trainers of the EMDR Institute USA. They have been successfully facilitating our previous trainings and supervising our trainees in their developmental path. They are also undertaking research on the use of EMDR in the local context and have received excellent feedback from both trainees and professionals in the field.

Training Participation Pre-requisites

Part I: Professional level training in a mental health, medical, social work, counseling field, and with 2-3 years of experience in one-to-one counseling.

(If this is the first time to join an EMDR Training, applicant is eligible to take Part-I Training only)

Part II: Having completed Part I training and at least three (3) GSCC sessions of two hours each conducted by our qualified facilitators.

Certificate of Attendance

- ☼ For Part-I trainees: after successful completion of Part-I training.
- ☼ For Part-II trainees: after successful completion of Part-II training, AS WELL AS completion of six (6) GSCC sessions (total of 12 hours) within one year from Part-II training and submission of case report.

Location of Training

Hong Kong Baptist University

Schedule

Part I: 16 – 18 June 2017 (Fri - Sun), from 9am to 6pm

Part II: 30 June - 2 July 2017 (Fri - Sun), from 9am to 6pm



Application Procedure

Period

1. Applications will be accepted on or before 26 May 2017.
2. Applications are processed on **first-come-first-served basis**. Once the number of applicants reaches capacity, the application will be closed.
3. Successful applicants will be notified by email by 31 May 2017.

Training fee

1. HK\$4,300 - for Part I or Part II
2. HK\$3,950 - Early Bird fee, for applications made and paid before 30 April 2017
3. Refunds
 - a. Applicants who are not admitted will get full refund by 3 June 2017.
 - b. Applicants who cancel their applications on or before 26 May 2017, will receive 80% refund by 3 June 2017.
 - c. No refund to applicants who cancel their application after 26 May 2017, or don't attend the training for any reason.

How to apply

1. Proceed to <http://www.hkemdr.org/nonwp/apply.php> and fill in your application.
2. Transfer the training fee (by ATM, internet banking, direct deposit) to the following bank account and obtain a receipt

Beneficiary:	THE EMDR ASSOCIATION OF HONG KONG
Account No.:	366-040475-001
Bank:	Hang Seng
Banking fees:	To be paid by applicant

3. **Within 24 hours** from filling in your application (step 1 above) email the payment receipt to email@hkemdr.org
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