



The EMDR Association of Hong Kong

EMDR Training in Hong Kong, 2016

EMDR (Eye Movement Desensitization and Reprocessing) is a comprehensive psychotherapy that accelerates the treatment of a wide range of pathologies and self-esteem issues related to disturbing events and present life conditions. This is a standardized approach which has been empirically tested in over 20 randomized controlled studies with trauma patients, and hundreds of published case reports evaluating a range of presenting complaints, including depression, anxiety, phobias, excessive grief, somatic conditions and addictions. A number of neurophysiological studies have documented the rapid post treatment EMDR effects and millions of people worldwide have been treated successfully with EMDR over the past 25 years.

The EMDR Association of Hong Kong (HKEMDR), which is the only official sponsor of EMDR trainings of the EMDR Institute USA, is delighted to announce the next EMDR training. This training aims to prepare professionals to use EMDR in their practices. There are two parts: Part I for novices and Part II for those who took part I at least six months prior to the coming training, as well as participated in Groups Sharing and Case Consultation (GSCC) sessions.

Our trainers are Prof. Atara Sivan and Prof. Petrus Ng who are trainers of the EMDR Institute USA. They have been successfully facilitating our previous trainings and supervising our trainees in their developmental path. They are also undertaking research on the use of EMDR in the local context and have received excellent feedback from both trainees and professionals in the field.

Training Participation Pre-requisites:

Part I: Professional level training in a mental health, medical, social work, counseling field, and with 2-3 years of experience in one-to-one counseling.

(If this is the first time to join EMDR Training, applicant should take Part-I Training only)

Part II: Having completed Part I training and at least three (3) GSCC sessions of two hours each conducted by our qualified facilitators.

Certificate of Attendance:

- ✿ For Part-I trainees: after successful completion of Part-I training.
- ✿ For Part-II trainees: after successful completion of Part-II training, AS WELL AS completion of six (6) GSCC sessions (total of 12 hours) within one year from Part-II training and submission of case report.

Location of Training:

Hong Kong Baptist University

Schedule:

Part I: 29 - 31 July 2016 (Fri - Sun), from 9am to 6pm

Part II: 5 - 7 August 2016 (Fri - Sun), from 9am to 6pm



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Application Procedure:

Application is now open and will be closed on 1 July 2016

Step-1: Payment of the training fee. Please transfer (by ATM, Internet, etc.) to the EMDR bank account as follows:

Beneficiary:	THE EMDR ASSOCIATION OF HONG KONG
Account No.:	366-040475-001
Bank:	Hang Seng

Important Notice: Please make sure that all banking charges, including "beneficiary bank charges" – are debited to you.

Step-2: Proceed to <http://www.hkemdr.org/nonwp/apply.php> to complete your application.

Deadline for applications: 1 July 2016. Our application website will automatically close on that day noon time.

Training fee:

- ☼ HK\$4,300 on or before 1 July 2016
- ☼ HK\$3,950 on or before 21 May 2016 (early-bird registration)

Notification of application results:

Applications are processed on **first-come-first-served basis**.

Applicants who are not admitted will get full refund.

Notification of application results will be emailed 15 days before the training date.

Note: Successful applicants whose fee was not received in full (e.g. banking charges not covered by applicant) – will be required to pay the difference plus HK\$100 special handling fee upon start of training.

Cancellation Policy:

Refund of 80% for cancellations received 2 weeks before training or earlier. No refunds for later cancellations. Cancellations are by email only.

Enquiries:

Please contact us by email: email@hkemdr.org

Best regards,

HKEMDR Team
