



## **EMDR Training in Hong Kong, 2015**

EMDR (Eye Movement Desensitization and Reprocessing) is a comprehensive psychotherapy that accelerates the treatment of a wide range of pathologies and self-esteem issues related to disturbing events and present life conditions. This is a standardized approach which has been empirically tested in over 20 randomized controlled studies with trauma patients, and hundreds of published case reports evaluating a range of presenting complaints, including depression, anxiety, phobias, excessive grief, somatic conditions and addictions. A number of neurophysiological studies have documented the rapid post treatment EMDR effects and millions of people worldwide have been treated successfully with EMDR over the past 25 years.

The EMDR Association of Hong Kong (HKEMDR), which is the only official sponsor of EMDR trainings of the EMDR Institute USA, is delighted to announce the next EMDR training. This training aims to prepare professionals to use EMDR in their practices. There are two parts: Part I for novices and Part II for those who took part I at least six months prior to the coming training, as well as participated in Groups Sharing and Case Consultation (GSCC) sessions.

Our trainers are Prof. Atara Sivan and Prof. Petrus Ng who are trainers of the EMDR Institute USA. They have been successfully facilitating our previous trainings and supervising our trainees in their developmental path. They are also undertaking research on the use of EMDR in the local context and have received excellent feedback from both trainees and professionals in the field.

### Training Participation Pre-requisites:

Part I: Professional level training in a mental health, medical, social work, counseling field, and with 2-3 years of experience in one-to-one counseling.

*(If this is the first time to join EMDR Training, applicant should take Part-I Training only)*

Part II: Having completed Part I training and at least three (3) GSCC sessions of two hours each conducted by our qualified facilitators. For GSCC schedule, please refer to our website: [www.hkemdr.org](http://www.hkemdr.org)

*(Please send proof of participation to [email@hkemdr.org](mailto:email@hkemdr.org) no later than May 19, 2015)*

### Certificate of Attendance:

- ☼ For Part-I trainees: after successful completion of Part-I training.
- ☼ For Part-II trainees: after successful completion of Part-II training, AS WELL AS completion of six (6) GSCC sessions (total of 12 hours) within one year from Part-II training.

### Location of Training:

Hong Kong Baptist University

### Schedule:

Part I: 7 - 9 June 2015 (Sun - Tues), from 9am to 6pm  
Part II: 11 - 13 June 2015 (Thurs - Sat), from 9am to 6pm

### Training fee:

- ☼ HK\$4,200 on or before 7 May 2015
  - ☼ HK\$3,900 on or before 7 April 2015 (early-bird registration)
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Application:

Step-1: Payment of the training fee. Please transfer (by ATM, Internet, etc.) to the EMDR bank account as follows:

Beneficiary: THE EMDR ASSOCIATION OF HONG KONG  
Account No.: 366-040475-001  
Bank: Hang Seng

***Important Notice: Please make sure that all banking charges, including “beneficiary bank charges” – are debited to you.***

Step-2: Proceed to <http://www.hkemdr.org/nonwp/apply.php> to complete your application.

Deadline for applications: 7 May 2015. Our application website will automatically close on that day noon time.

Confirmation:

Applications are processed on **first-come-first-served basis**.

On or before 20 May 2015, each applicant shall receive one of the following individual emails:

- ☎ Confirmation of participation (official hard copy receipt will be provided during the training)
- ☎ Refund cheque for unsuccessful applications
- ☎ Conditional confirmation of participation (for Part-II applicants who have not provided proof of participation in the required GSCC)

Note: Successful applicants whose fee was not received in full (e.g. banking charges not covered by applicant) – will be required to pay the difference plus HK\$100 special handling fee upon start of training.

Cancellation Policy:

Refund of 80% for cancellations received 2 weeks before training or earlier. No refunds for later cancellations. Cancellations are by email only.

Enquiries:

Please contact us by email: [email@hkemdr.org](mailto:email@hkemdr.org)

Looking forward to have you with us in the coming training.

Kind regards,

Atara

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Atara Sivan, Ph.D

Chairperson, The EMDR Association of Hong Kong, [www.hkemdr.org](http://www.hkemdr.org)

Certified Trainer - EMDR Institute Faculty, <http://www.emdr.com/emdr-faculty.html?view=employee&id=46>

Associate Dean, Faculty of Social Sciences  
Professor, Department of Education Studies  
Hong Kong Baptist University  
Kowloon Tong, Kowloon, HK  
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